Persons with
Disabilities and
Ensuring their Right to
Participate in Political
and Public Life





Approximately
15 per cent of the
people in the world
live with some type
of disability.

WHAT IS DISABILITY?

The concept of disability has evolved significantly over the last decade. Progressively, the approach towards persons with disabilities has shifted from the so-called "medical and charity" approach to a human rights-based approach. This reframes the issue so that individuals with disabilities are no longer seen as patients or service receivers who need to be pitied and "fixed" to fit in with society. Rather, persons with disabilities are recognized as full and equal members of their communities who can take active roles in public life, provided they receive the necessary support and assistance.

The UN Convention on the Rights of Persons with Disabilities (UNCRPD) defines persons with disabilities as those who have "long-term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others." Countries in the OSCE region have varying definitions of disability. However, as most have either signed or ratified the UNCRPD, their laws should reflect the approach of the UNCRPD towards defining the concept of disability.

Persons with disabilities are not a homogenous group. People with different types of disabilities have different needs and require different forms of assistance and measures to ensure their access and participation.

WHAT LANGUAGE SHOULD BE USED?

Terminology related to persons with disabilities is evolving, and there is not always agreement among different organizations and persons with disabilities themselves about which terms to use. While there are some terms that are generally seen as outdated and having negative connotations, it is often not clear what the best language to use is. To ensure that the language chosen is appropriate, it is always best to ask persons with disabilities or their representative organizations for advice. Legal instruments and guiding principles developed by persons with disabilities, such as the UNCRPD or International Language Guidelines on Disability, developed by the International Foundation for Electoral Systems, could also be used for this purpose.



Voter in Mongolia receiving assistance to the ballot box. (OSCE)

WHY IS THE OSCE INVOLVED?

The opportunity to participate in the affairs of one's community, as well as access to equal and inclusive representation, is one of the cornerstones of democracy. In Helsinki in 2008, OSCE participating States recognized that "human rights are best respected in democratic societies, where decisions are taken with maximum transparency and broad participation." To ensure that public involvement is effective, government bodies need to reach out to citizens by establishing mechanisms and providing support for their participation. For some groups, additional efforts might be required, given traditional under-representation in public office and political life, or other specific challenges to participation.

The participation of persons with disabilities in political, public and social life is crucial in order to fight stereotypes, prejudices and exclusion. The exclusion of certain groups from decision-making not only creates more divided and, potentially, less peaceful societies, but also limits the excluded group in protecting its own interests. Ensuring that persons with disabilities play active roles in the political and public life of their societies contributes to strengthening both respect for their rights and mainstreaming disability into the legal and policy framework, to better reflect the needs of all community members. Ensuring their participation also allows societies to benefit from the full potential and talents of all of their members.

The UN Convention on the Rights of Persons with Disabilities has been signed or ratified by 55 out of 57 OSCE participating States.

Common barriers to participation

- Outdated paternalistic approaches and prevailing social stereotypes;
- Lack of access (physical, linguistic and infrastructural, as well as to information);
- Legal and administrative barriers (including restrictions on legal capacity);
- Institutional segregation (in schools, workplaces and public institutions);
- Lack of quality inclusive education;
- Limited support and funding for participation;
- Poverty; and
- Lack of comparable data, disaggregated by disability, and lack of monitoring mechanisms at the national level.

CHALLENGES TO PARTICIPATION

According to the World Health Organization World Report on Disability, there are approximately one billion persons with disabilities worldwide. While recent years have seen a shift in attitudes related to disability, the representation of persons with disabilities in political and public life remains disproportionately low across the OSCE region. As few countries collect disability-disaggregated data, it is difficult to estimate the actual level of political participation of persons with disabilities in OSCE participating States. However, recent reports covering some parts of the OSCE region, such as the European Union or the Council of Europe regions, note that persons with disabilities are barely visible on the political stage or taken into consideration in voting processes.

ODIHR's consultations with persons with disabilities and their representative organizations from different OSCE participating States suggest that the challenges to political participation faced by persons with disabilities are similar across the OSCE area. This is due to legal, social, economic, physical and other barriers that continue to prevent many citizens from exercising their democratic rights. These multiple barriers result in a situation where persons with disabilities are often not consulted and their views are rarely taken into consideration. Women and youth with disabilities and individuals with disabilities belonging to ethnic or other marginalized groups face even greater barriers and obstacles in having their voices heard.

LEGAL AND POLITICAL COMMITMENTS RELATED TO THE POLITICAL PARTICIPATION OF PERSONS WITH DISABILITIES

The right to political participation of persons with disabilities is recognized in a number of legally and politically binding documents of the OSCE and other international organizations such as the United Nations, Council of Europe, and the European Union. In 1991, OSCE participating States emphasized the importance of the political participation of persons with disabilities in the Moscow Document, where they agreed "to take steps to ensure the equal opportunity of such persons [persons with disabilities] to participate fully in the life of their society;" and "to promote the appropriate participation of such persons in decision-making in fields concerning them". This followed the recognition, in the OSCE Copenhagen document of 1990, of "the right of citizens to seek political or public office, individually or as representatives of political parties or organizations, without discrimination."

Full and effective participation and inclusion of persons with disabilities in society is one of the underlining principles of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD), adopted in 2006. Article 29 of the UNCRPD specifically prescribes the right to political participation. It requires states to ensure that persons with disabilities can effectively and fully participate in political and public life on an equal basis with others, directly or through freely chosen representatives. This includes the right and opportunity for persons with disabilities to vote and be elected. It also requires states to actively promote an environment in which persons with disabilities can participate fully in the conduct of public affairs, also by encouraging the participation of those with disabilities in non-governmental organizations, associations and political parties.

WHAT IS NEEDED TO ENSURE THAT PERSONS WITH DISABILITIES CAN TAKE AN ACTIVE ROLE IN POLITICAL AND PUBLIC LIFE?

The exercise of the right to political participation is closely linked to a number of preconditions that should be in place to allow persons with disabilities to take an active role in their countries. For example, political participation is not possible in an environment that is not accessible to persons with disabilities, such as where no arrangements are made to allow people with physical impairments to vote or no sign language interpretation is provided to ensure access to information for deaf people.

Similarly, people living in institutions may be less able to take an active role in their societies than those living in the community. Also, a lack of quality inclusive education often limits a person's ability to fully reach her or his potential and participate in political life. It is important to recognize the connection between various rights when working to ensure the full participation of persons with disabilities in political and public life.



Participants at an ODIHR organized high-level seminar on strengthening participation of persons with disabilities in political and public life, Helsinki, 31 October 2016

Ensuring accessibility

Accessibility is a precondition for the participation of persons with disabilities in all areas of political and public life, including in elections, democratic institutions, public meetings and other forms of civic engagement.

An "accessible environment" means that information, infrastructure, transport, public meetings, democratic institutions, polling stations and electoral materials are available and accessible to people with various types of disabilities: physical, mental, intellectual or sensory. This includes developing materials in easy-to-read formats, Braille, providing subtitles, audio descriptions and ensuring that sign language interpretation is available.

In addition, "reasonable accommodation" should be provided for people with all kinds of disabilities, going beyond adjustments only for those with physical impairments. The definition of reasonable accommodation is included in the UNCRPD. It means providing the necessary individual support or adjustment that would allow a person with a disability to play an active role in society, for example, in the labour market or in political life. This could include, for instance, providing a personal assistant to allow a person with a disability to work in a national parliament.

The state has a duty to provide such assistance, unless it imposes a disproportionate or undue burden, in addition to ensuring that general accessibility measures are in place.

Collecting data

Collecting data is crucial to measuring the progress achieved in all areas affecting the rights of persons with disabilities, including with respect to their participation in political and public life. At the national level, comprehensive, sex- and impairment-disaggregated data are necessary

to direct immediate action, as well as to monitor, and correct where needed, interventions and progress achieved over time.

Removing legal barriers

In many OSCE participating States, the political participation of persons with disabilities is hindered by laws that permit limitations on legal capacity, including political rights. Limitation of legal capacity in practical terms means that a person can no longer make decisions in certain areas of her or his life, and a guardian is appointed to exercise these rights on behalf of the individual. UNCRPD does not support such limitations. Article 12 recognizes that persons with disabilities enjoy legal capacity on an equal basis with others in all aspects of life, and invites states to introduce "supported" rather than "substituted" decision-making. Supported decision-making means that a person receives the assistance necessary to make important life decisions, including when exercising the right to vote. This might mean that a chosen support person could, for example, assist a person with an intellectual disability by providing information on elections in an accessible and understandable way.

Raising awareness

Raising public awareness and combatting stereotypes, prejudices and harmful practices against persons with disabilities is essential to increasing their representation and visibility in all aspects of public life, including in the media, public office, national parliaments and political parties. General public awareness raising efforts should be complemented by targeted activities and initiatives to promote greater understanding about ensuring the participation of individuals with disabilities in specific institutions of particular importance, including in legislative and executive structures.

Increasing political participation in national parliaments and political parties

Political parties are often referred to as the "gatekeepers" to participation in political life, including in national parliaments and municipal assemblies. To increase parties' outreach to people with various types of disabilities, both as candidates and voters, first steps would include providing political party programmes, manifestos and other information in accessible formats, including in easy-to-read, audio, large-font formats, and by using sign language interpretation. Similarly, parliaments should be encouraged to lead by example, by making their committees and public sessions fully accessible and by providing reports and other information in accessible formats, both offline and online.

In addition, discussions with political parties and national parliaments are crucial to increasing awareness of the importance of making their structures more inclusive for people with various types of disabilities. Such initiatives should be organized in partnership with persons with disabilities and their representative organizations.

Finally, individual support mechanisms, including financial means to compensate for expenses associated with disability, should be provided to allow candidates with disabilities to run for public positions. At the same time, stronger co-operation among different members of parliament would ensure greater focus on disability issues. One example at the European Union level is the platform provided by the Disability Intergroup of the European Parliament, an informal group representing all nationalities and most political parties that promotes policies to advance the inclusion of persons with disabilities at both the regional and national levels.

Creating an enabling environment

OSCE participating States should effectively engage with and consult persons with disabilities through their representative organizations (organizations run by persons with disabilities) in decision-making processes, especially on matters that concern them directly. The creation of an environment where such engagement is possible requires several preconditions, including appropriate legal and policy frameworks, the establishment of mechanisms for co-operation, and support for organizations representing persons with disabilities (including capacity-building and financial assistance). This, for example, includes adopting laws that recognize the right to political participation of persons with disabilities and that prohibit discrimination on the grounds of disability. It also means making reference to political participation in countries' national action plans and strategies on disability. Established mechanisms of co-operation should ensure that persons with disabilities and their representative organizations can effectively participate and contribute in the lawmaking and policymaking processes in their countries.

Dastan Bekesev, member of the Kyrgyz parliament speaking at the ODIHR's experts' meeting on Political Participation of Persons with Disabilities in Skopje, 22 June 2017.



WHAT IS ODIHR DOING TO PROMOTE THE RIGHTS OF PERSONS WITH DISABILITIES?

Political Participation

ODIHR implements a number of projects to increase awareness among public officials, political parties, parliamentarians, disabled people's organizations and civil society about the need to take concrete steps in improving the representation of persons with disabilities in decision-making processes. In 2019, ODIHR published *Guidelines on Promoting the Political Participation of Persons with Disabilities*. This serves as a comprehensive, practical resource for OSCE participating States to enable democratic institutions to better serve persons with disabilities. The *Guidelines* are also available in easy-to-read format. ODIHR provides technical advice and capacity building, including the development of knowledge tools to improve the political participation of persons with disabilities. This is done in close co-operation with persons with disabilities and their representative organizations and includes the organization of and participation in conferences and workshops. ODIHR also commissions impairment-disaggregated research.

Election Observation

ODIHR's election observation missions and teams have a responsibility to assess the electoral participation of persons with disabilities, in line with OSCE commitments, international obligations and standards. Given the evolving nature of international treaties and jurisprudence on persons with disabilities, and the need to systematically observe this element of the election process, ODIHR has developed a *Handbook on Observing and Promoting the Electoral Participation of Persons with Disabilities*. The purpose of the handbook is to provide better guidance to ODIHR election observation missions and teams on how to approach the assessment of the participation of persons with disabilities in elections as part of the overall observation of an election. It may also be useful for a wider readership interested in the topic. Among the guiding principles for the observation

methodology is the understanding that promoting participation of persons with disabilities in elections will contribute to their greater inclusion in political and public life. ODIHR has recently published *A Booklet about:* Watching Elections and Helping Persons with disabilities take part in Elections in easy-to-read format.

Addressing disability hate crime

In addition to promoting the political and electoral participation of persons with disabilities, ODIHR also works to address hate crimes against persons with disabilities. Criminal law in many OSCE participating States makes targeting persons with disabilities an aggravating circumstance in the commission of any crime. Such an approach, based on a consideration of all persons with disabilities as *a priori* vulnerable, builds on the "medical" construction of disability and, therefore, runs counter to the UNCRPD. Instead, ODIHR supports addressing crimes targeting persons with disabilities as disability hate crimes. Under this model, it is the prejudicial or bias motivation of offenders that matters, not the actual impairment of the victim.

ODIHR's reporting on hate crimes across the OSCE region shows that 24 participating States have included disability as a protected characteristic in their hate crime provisions. In 2018 however, the police in only 13 states were able to specifically record cases of disability hate crime as a separate category, and the number of states that have prosecuted or passed judgments in such cases is even lower. This situation helps explain, and is also a reflection of, the high level of underreporting of disability hate crime to the authorities.

ODIHR has, therefore, developed dedicated training modules on disability hate crime and integrated them in our hate crime training for police officers and prosecutors. An ODIHR factsheet on Hate Crimes against Persons with disabilities provides more information on the phenomenon of disability hate crime.

For detailed information about ODIHR's initiatives supporting persons with disabilities and to view its full range of resources and publications, please visit: http://www.osce.org/odihr/democratic-governance

OSCE Office for Democratic Institutions and Human Rights ul. Miodowa 10 00-251 Warsaw Poland

Tel.: +48 22 520 0600 Fax: +48 22 520 0605 E-mail: office@odihr.pl

